## Activities at Washoe County Senior Centers

- 8/20 Movie Day Parklane Theater Westbrook Senior Center
- 8/21 Senior Citizen's Day Resource Fair (Neil Road Rec Center) **Sun Valley Senior** Center
- 8/22 UNR Nevada Assistive Technology Resource Center Presentation Lazy 5/Spanish Springs Senior Center
- 8/28 Custom Card Crafting Reno Senior Center
- 8/29 UNR Nevada Assistive Technology Center Presentation Part 2 **Cold Springs**Senior Center
- 8/30 Paint and Sip (Root Beer Floats) Sun Valley Senior Center
- 9/3 Old Town Mall Resource Fair Cold Springs Senior Center
- 9/4 Restorative Boxing Reno Senior Center
- 9/5 Virginia City Trip Lazy 5/SS and Sparks Senior Centers
- 9/9 Yoga Session Reno Senior Center
- 9/11 Yoga Session Reno Senior Center
- 9/11 Reflections of Lake Tahoe Historical Presentation Reno Senior Center
- 9/17 Custom Card Crafting Sun Valley Senior Center
- 9/18 Custom Card Crafting Sparks Senior Center
- 9/18 Restorative Boxing Reno Senior Center
- 9/19 Capitol Field Trip Carson City Lazy 5 and Sparks Senior Centers (Tentative date).
- 9/25 Meet and Greet Sanford Center for the Aging (Diabetes Management Program)
- Sparks Senior Center
- 9/25 Leather Crafting Sparks Senior Center
- 9/25 Reflections of Lake Tahoe Part 2 Reno Senior Center
- 10/2 Sanford Center for the Aging Diabetes Management Presentation 1 **Sparks Senior Center**
- 10/11 Open House Sparks Senior Center